



**Monday**  
**December 1st, 2025**

**Heritage Woods  
Secondary**

**“WE ARE KODIAKS”**



# No Flex **BELL SCHEDULE**

Monday, December 1<sup>st</sup>. 2025

<b>Block 1</b>	<b>8:00 – 9:12</b>
<b>Block 2</b>	<b>9:16 – 10:28</b>
<b>Block 3</b>	<b>10:32 – 11:44</b>
<b>LUNCH</b>	<b>11:44 – 12:28</b>
<b>Block 4</b>	<b>12:32 – 1:44</b>
<b>Block 5</b>	<b>1:48 – 3:00</b>



# My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored





# Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.



# **GRADE 12 ANNOUNCEMENT**

**Semester 2 Study  
Block Forms**

**Due December 1st**

# BUY YOUR YEARBOOK

## INFO

- Available on School Cash Online
- We sold out last year, so don't miss out!
- No extra copies will be ordered.
- You must have all school fees paid in order to pick up your book.

\$60

Buy before  
December 19



# STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



# CHRISTMAS MOVIE NIGHT

FREE ENTRY! - Bring food donations!

GRADE 12 ONLY



FILL OUT THE FORM TO  
VOTE ON A MOVIE!

**At Heritage Woods**

7:00 - 9:00pm

**Thursday**

**December 11th**

Consession will be available!



# December Spirit Week 1 Events!

(During Lunch)

Date	Event	Place
Dec 1 <sup>st</sup>	Kodiak Mini-Game	Grand Hall
Dec 2 <sup>nd</sup>	Basketball Relay 	Gym
Dec 4 <sup>th</sup>	Winter Kickoff Draw	Grand Hall

# December Spirit Week 1 Outfits!

Date	Outfit Style
Dec 1 <sup>st</sup>	Sports Day 
Dec 2 <sup>nd</sup>	Twin Day 
Dec 3 <sup>rd</sup>	Ugly Sweater 
Dec 4 <sup>th</sup>	Christmas Colors 



# LUMIERE CANDLES

ANY LEFT OVER CANDLES, HALF EMPTY?

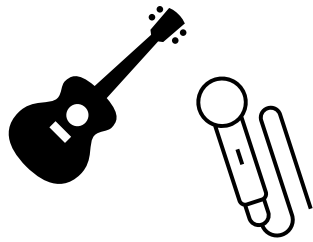
don't throw them out!  
we can take them off your hands!!

drop box in room 301.



follow our instagram and  
tiktok for more information





# OPEN-MIC DAYS



Every Wednesday  
During Lunch  
At the Grand hall

Can be singing, dancing,  
playing an instrument,  
and more

Come and show your  
skills by performing for  
everyone on open-mic  
days!

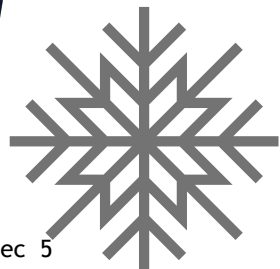


Scan QR code to sign up!

# International Student and ELL Field Trip



- ▶ Canyon Lights @ Capilano Suspension Bridge Park  
and Park Royal Mall
- ▶ Date: Thurs December 11, 2025
- ▶ Time: 2: 45 PM - 9 PM
- ▶ Cost: \$50 (for ticket, snack and hot beverage,  
transport)
- ▶ **SPACE IS LIMITED!!!**
- ▶ See Ms. Lee or Ms. Mak in Room 245 to sign up.  
Deadline: 4<sup>th</sup> Dec



Dec 5



# CLUBS



Kodiak Pride Club Presents

# BINGO!

December 2

Lunch

Room 216a



# KODIAK ATHLETICS



**WANT TO JOIN THE ICE  
HOCKEY TEAM THIS  
YEAR?**

**MEETING ON DEC 10<sup>TH</sup>  
@ LUNCH  
ROOM 219**

**PLEASE SEE MR. FERRANTE OR MS.  
PAVAN IF YOU HAVE ANY QUESTIONS.**



# COMMUNITY



# Volunteers Needed @ Community Dinners

**Who?** Students needing volunteer hours/ Students interested in culinary or hospitality industry

**What?** Help with Community Dinner (some prep, serve, set up and take down)

**When?** 4-7:30 PM, 3<sup>rd</sup> Wednesday every month  
(next dinners are 19<sup>th</sup> Nov and 17 Dec)

**Where?** St. Stephen's Church (near Loughheed Mall & Cameron Rec. Centre )

- +You will be learning and helping under the guidance of a Red Seal Chef
- +You are invited to partake in the yummy community meal
- +Letters acknowledging volunteer hours and reference letters available

Email Chef Theresa Lum for more information: [tmlum@hotmail.com](mailto:tmlum@hotmail.com)

